



WARWICK SHOTOKAN

KARATE CHAMPIONSHIP

Modified AJKA-I Rules & Regulations

General Rules:

- This Tournament uses modified AJKA-I Tournament Rules for all divisions
- Traditional White Gi is required
- Long hair shall be neatly gathered with discreet elastic bands so as not to interfere with the performance of the Kate or Kumite.
- Jewelry, hats, caps, head bands and sweat bands shall not be allowed; unless for religious purposes.
- Finger and toe nails shall be short and neatly trimmed.
- Contestants who present themselves incorrectly will be given two minutes in which to remedy the situation.
- In the Spirit of Karate-do proper conduct is required from the competitors and instructors alike, or else suspension will result from the tournament.
- Coaching is only allowed.
 - Anyone who intends to be a coach must be in the appropriate “Coaches Uniform” that consists of the following:
 - Track/Running Pants or white Gi Pants
 - T-Shirt that has your club logo or Jacket that has your Club logo
 - Sneakers
 - You must have a Coaches Pass purchased prior to the Tournament or at the front door - \$30.00
 - You can only coach in the designated coaches area for kumite
 - No coaching is allowed for kata, team kata or kobudo
- 17 and under: Mouth piece, head gear, hand gear and feet pads are required for all competitors.
- 18 and over: Mouth piece, hand gear and feet pads are required for all competitors
- All calls made by the Center Judge are final. No video evidence will be accepted to reverse a call; unless it pertains to a mathematical error.
- Any issues must be raised before the match ends; otherwise, the calls made by the center Judge are final.
- Any disputes must be raised to the Chief Referee.

Division breakdown:

- Beginner: White, Yellow & Orange (9th-7th kyu)
- Novice: Green, Blue & Purple (6th – 4th Kyu)
- Intermediate: Brown & Candidate Black (3rd – 1st Kyu)
- Advance: Black belt

THE ABOVE RULES MAY BE MODIFIED BY THE TOURNAMENT DIRECTOR OR CHIEF REFEREE FOR THE BENEFIT OF THE COMPETITION. DIVISIONS MAY BE COMBINED TO ENSURE ADEQUATE MATCH COMPETITION FOR ALL PARTICIPANTS



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Kata Rules:

- All Contestants must perform SHOTOKAN kata ONLY!
- Nakayama Sensei's Best Karate will be used as the guide for Judging Kata at this event.
- Long pauses for dramatic effect will be counted against the karate-ka.
- All Divisions for competitors that are 12 years old and under there will be four (4) places awarded (Gold Silver, Bronze and 2nd Bronze) and participation medals
- All Divisions for competitors that are 13 years and older, there will only be three (3) places awarded (Gold Silver and Bronze) and no participation medals.
- **Beginner Division** may only perform the following katas: Taikyoku, Heian Shodan & Heian Nidan. Competitors may repeat kata. Flag system will be used for all rounds.
- **Novice Division** may only perform the following kata: Heian Shodan – Heian Godan. Competitor may repeat kata. Flag system will be used all rounds.
- **Intermediate Divisions** (Brown belts only division). Competitor may perform the SHITEI and SENTEI Katas that are listed below. Same kata may be repeated all rounds. Flag system will be used for all rounds.
- **Intermediate/Advance Divisions** (Brown belts and Black Belts mixed division) SHITEI & SENTEI katas may only be performed. Competitor may repeat same kata all rounds. Flag system will be used for all rounds.
- **Advance Divisions** (Black belt only) (**under 18**) - TOKUI Kata. Competitor must perform a different kata in the final round (1st, 2nd and 3rd place rounds).
- **Advance Divisions** (black belt only) (**over 18**) – 5 or more competitors. First Round – SHITEI Kata Group (Judges' choice) – Flag system, Second Round SENTEI Kata - Flag system; Third round (and beyond) TOKUI Kata– Point system. May be modified by Tournament Director.

Team Kata:

- Three (3) participants per team.
- The Team may only perform a Shotokan kata that the lowest ranked person on the team can perform based on their rank.
- Team kata Division is decided by the age of the oldest participant and by highest rank member.
- All kata divisions will be judged by utilizing the Point System.
- All Teams should register under the Team Captain's name.

TYPES OF KATA TO BE PERFORMED:

SHITEI KATA: Taikyoku, Heian Shodan - Godan and Tekki Shodan

SENTEI Kata: Bassai-dai, Kanku-dai, Enpi, Jion, Hangetsu & Tekki Nidan

TOKUI KATA: Choice of any 26 Shotokan Kata

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Kumite Rules

- This Tournament utilized a modified version of the AJKA-I National Tournament Rules
- Jiyu (Free style) Kumite is for all ranks 5 years old and above
- 17 and under: Mouth piece, head gear, hand gear and feet pads are required for all competitors.
- 18 and over: Mouth piece, hand gear and feet pads are required for all competitors
- Light head contact to the side of the head is allowed so long as the head DOES NOT move. Any movement of the head will result in a warning – three warnings = disqualification.
- No contact to the face is allowed, that also includes the face shield.
- Uncontrolled techniques will result in a penalty or disqualification
- Under 18 Divisions All Ranks & Over 18 Beginner and Novice will run 2 minutes non-stop Shobu Sanbon (3 ippons or 6 wazaris)
- 18-34 and 35- above Intermediate and Advance Divisions will run 2 minutes non-time Shobu Sanbon (1 Ippons or 2 Wazaris)
- The following equipment is mandatory all ages:
 - Traditional White Gi, hand gloves, feet pads, mouth guard and protective cup (male).
- The following equipment is mandatory for competitors 17 and under:
 - Head gear or Head gear with face shield.
- Following equipment is Optional: Chest protector for male/female.
- In the spirit of Karate-do, all competitors must continue to compete during the entire match. If a competitor intentionally leaves the ring in the last 20 seconds of the match to avoid a scoring technique the other competitor will immediately be awarded a wazari (1point). Second infraction the other competitor will be awarded an ippon (2 points) and the third infraction the competitor will be disqualified.
- In the Spirit of Karate-do proper conduct is required from the competitors and instructors alike, or else suspension will result from the tournament.

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Kobudo:

- Only the following traditional weapons can be used:
 - Bo staff
 - Eku (Oar)
 - Tonfas
 - Sai
 - Nunchaku
- The contestants must always maintain control of the weapon during the performance.
- The competitor cannot release the weapon into the air while performing a kata
- A contestant may be disqualified if he/she drops a weapon during their performance
- No weapons variations are allowed unless otherwise approved in advance by the Tournament Director and Chief Referee
- The Kobudo competition will utilize the Point system only.

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